

# Long-Term Care

A Home-like Environment with Loving Support



Some older adults will ultimately need to consider assistance with their activities of daily living. At Altercare, we offer our residents a cozy home with abundant amenities. We strive to become their extended family and provide assistance that makes their daily lives easier and more pleasant.

## What is Long-Term Care?

- Assistance with Activities of Daily Living which includes bathing, dressing, toileting, transferring from bed to a chair, caring for incontinence and help eating.
- Clinical nursing care directed by an attending physician
- Individualized care planning directed by our interdisciplinary team
- Specially equipped therapeutic bathing facility
- Regularly scheduled social, spiritual and recreational activities
- Restaurant-style dining with menu choices
- Personal laundry services

## Enhancing Your Quality of Life

While caring for your medical needs, Altercare is also meeting your socialization needs. Participating in social activities has been proven to benefit an individual's well-being as much as physical exercise. Sitting down to dinner with a group of friends or enjoying provided entertainment, leads to a better quality of life.

## Feels Like Home

Our rooms are warm and inviting and ready for your stay. We invite you to bring along your cherished family photos, your favorite chair, the blanket that warmed you for years and all of your precious belongings. Our staff will strive to make every day a pleasant day.

## Clinical Services

- Advanced Diagnostics
- Bariatric Care
- Dental, Podiatry, Optometry, Psychological and Audiology Care
- Diabetic Care Services
- Fall Prevention Program
- Hospice and Palliative Care
- IV Therapy and Tracheotomy Care
- Pain Management Program
- Physical, Occupational, and Speech Therapy
- Registered Dietician Services
- Respite Care
- RN/LPN Services, available 24-hours a day, 365 days a year
- Wound Care Program

## Amenities Available

- Cable and Phone Services Available
- In-House Beauty and Barber Salon
- Restaurant-Style Dining Services
- Private and Semi-Private Rooms
- Recreational activities 7 days a week

Services and Amenities at select centers may vary.

***Socialization provides added physical activity, a sense of purpose, a feeling of inclusion and generally, a happier disposition.***